

TRAGER® for Daily Life Resources

TRAGER for Daily Life (TDL) website – tragerfordailylife.com

Tutorial for how to use the TDL website

- Type this address in your browser: youtu.be/q2bzOcMKY4g
- *Also exists in French at youtube.com/watch?v=FU9xjOY3tks&t=*

To login the “Practitioner only” zone of the TDL website

- Must be current, active Practitioner
- Type tragerfordailylife.com in your browser
- Click on “Login” in the upper right corner of the Home page
- Enter the email address you have given your National Association in the Username or email address space
- Click on “Request a new password” - you will receive it by email
- Use this password to login, then change it in the “My Account/Edit my email & password” section, at the bottom left of the screen
- If you need help, contact your National Association secretary

How to create your practitioner profile once logged in

- Go to “My Account” (bottom left of the screen)/Edit my Practitioner Profile
- Fill in the sections – Name, My picture, Contact Details, About Me, Testimonials, Videos
- Click on “Save” and check your profile

How to post classes on TDL website once logged in

- Go to “Add material” (bottom left of screen)/Post a class on this website
- Fill in the sections – Name, Theme, Class Date, Location, Cost, Language, Description, YouTube **Note for Class Date: fill one file for each date and list each individually if you have a series*
- Click on “Save” and check your posting

TRAGER for Daily Life Mentoring Resources

- Once logged in, put your mouse over the drop-down menu “Practitioners”
- Click on “List of Available Mentors” to access this list of resources
- Other Instructors and Tutors may be available to mentor you, even if they are not listed on that page – ask!

Facebook pages

TRAGER for Daily Life Public page

- <https://www.facebook.com/TragerForDailyLife>
- TDL administrators do the posting (there is a team of writers & translators)
- “Like” the page
- Invite your Facebook friends to “Like” the page
- “Like” the posts, add a comment, share them to your own Facebook page

TRAGER for Daily Life Leader Resource Group – for TRAGER Practitioners

- <https://www.facebook.com/groups/398484953694158/>
- Ask to join if you are a current Practitioner
- Post items related to teaching TDL classes as you wish – ideas, questions, inspirations, experiences, sharing from your classes, photos or videos of classes, etc.

TDL promotional video, available in 9 languages

- Can be viewed on PCs, tablets, cell phones, TVs, at fairs, wherever you want
- Use them to promote your classes and your TRAGER practice
- Download them on your own website
- Put them on a USB stick, and show them at any time, even without a Wi-Fi connection
- Share the video link with all your contacts, and re-share it each time you want to promote your TRAGER classes or practice (link follows)

youtube.com/watch?v=ZkK9l13WnpA&list=PLdw-P1Oj0hzQU2Q12366r1Md8GuG71Jla